

**Patient Intake Form**  
 (Please Print)

Full Name \_\_\_\_\_ Social Security # \_\_\_\_\_ Sex:  Male  Female  
 Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Date of Birth \_\_\_\_\_ email \_\_\_\_\_ Marital Status: \_\_\_\_\_  
 Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_ Work \_\_\_\_\_  
 Occupation/Employer \_\_\_\_\_ Business City/St/Zip \_\_\_\_\_  
 How did you hear about us?  Internet  Family/Friend  Referral  Other \_\_\_\_\_  
 Whom can we thank for referring you to us? \_\_\_\_\_

*If insured, an insurance card will be required on the first visit so we may verify your benefit eligibility on your behalf. The following information is required by most insurance companies:*

Name of Insured \_\_\_\_\_ Relationship to Patient \_\_\_\_\_  
 Date of Birth \_\_\_\_\_ SSN \_\_\_\_\_ Insurance Comp \_\_\_\_\_  
 Policy # \_\_\_\_\_ Group # \_\_\_\_\_  
 Is this condition due to an accident?  Yes  No Type of Accident:  Work Injury  Auto Accident  Sport  Other \_\_\_\_\_

Emergency Contact Name \_\_\_\_\_ Relationship to Patient \_\_\_\_\_  
 Phone Number: Work \_\_\_\_\_ Home \_\_\_\_\_

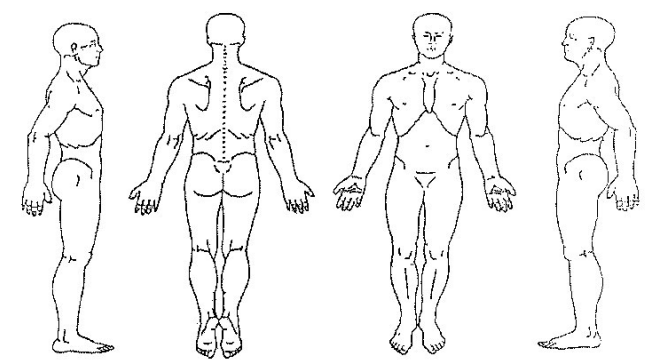
**SUBJECTIVE (please fill out completely)**

Reason For Today's Visit \_\_\_\_\_  
 My Complaint is best described as:  Pain  Numbness  Swelling  Muscle Spasms  Headache  Tightness  Stiffness  
 WHEN did you first notice your condition? \_\_\_\_\_ OR  Not Sure  
 The CAUSE of the injury(s):  Trauma  Repetitive Actions  Auto Accident  Post-Surgical Complication  Unspecified Reason  Other \_\_\_\_\_  
 The QUALITY of my main complaint is BEST described as:  Sharp  Dull  Aching  Throbbing  Crushing  Stabbing  Burning  Shooting  Other \_\_\_\_\_  
 My headaches, if any, are best described as:  Migraine  Tension  Hormonal  Sinus  Organic  
 I experience my complaint:  Constantly  Frequently  Intermittently  Occasionally

Please rate the Severity of each complaint you present with today (Please circle)...(0= No Pain,10=Extreme Pain)

1. \_\_\_\_\_ 0 1 2 3 4 5 6 7 8 9 10
2. \_\_\_\_\_ 0 1 2 3 4 5 6 7 8 9 10
3. \_\_\_\_\_ 0 1 2 3 4 5 6 7 8 9 10
4. \_\_\_\_\_ 0 1 2 3 4 5 6 7 8 9 10

I experience my pain:  Worse in the morning  Worse at midday  Worse at night  Pain is consistent all day  
 Describe what makes your condition feel better (Heat / Ice / Rest / Sleep / Positions) \_\_\_\_\_  
 Have you had this condition before?  Yes  No  
 If yes, When? \_\_\_\_\_



Using the body chart above, indicate the region(s) of your complaint(s).

Describe any prior treatment for this condition \_\_\_\_\_  
 What is/are your health goal(s)? \_\_\_\_\_  
 List ALL previous Surgeries: \_\_\_\_\_  
 List ALL Drugs/Medications you currently use (prescription and over-the-counter) \_\_\_\_\_  
 \_\_\_\_\_  
 List Any Vitamins/Supplements you are currently using \_\_\_\_\_  
 \_\_\_\_\_

## Supplemental Health History

*Please mark the appropriate box for any current or previous health conditions*

### Musculoskeletal

- Auto Accidents  
    \_\_\_ 0-1 years ago
- \_\_\_ 1-5 years ago
- \_\_\_ More than 5 years ago
- Fractured Bones
- Pain/Stiff Neck R / L
- Back Pain/Stiffness R / L
- Numbness/Tingling in  
    Arms/Hands/Fingers R / L
- Numbness/Tingling in  
    Legs/Feet/Toes R / L
- Swollen/Painful Joints
- Difficulty with Prolonged  
    Standing, Walking, Driving
- Difficulty Performing Daily  
    Activities
- Back Curvature
- Arthritis

- Jaw Pain/TMJ R / L
- Foot Trouble R / L
- Hip Pain R / L

### Neurological

- Convulsions/Epilepsy
- Learning Disability
- Loss of Balance
- Dizziness
- Ringing in Ears R / L
- Trouble Concentrating
- Irritable
- Fainting
- Hearing Lost R / L
- Tremors
- Double Vision R / L
- Trouble Sleeping
- Blurred Vision R / L
- Headache
- Pain with cough/sneeze

- Mood Changes
- Depressed
- Eating Disorders

### Digestive

- Diarrhea/Constipation
- Heartburn
- Colon Trouble
- Gall Bladder Trouble
- Diabetes
- Ulcers
- Hemorrhoids

### Immune

- Frequent Colds/flu
- Difficulty Breathing
- Asthma
- Ear Infection
- Allergies
- Cancer
- AIDS/HIV

### Other Systems

- Kidney Trouble
- Chest Pain
- Lung Problems
- Heart Problems
- Liver Trouble
- High/Low Blood Pressure
- Stroke
- Anemia
- Bed Wetting
- Prostate Problems
- Skin Problems
- Thyroid Problems
- Varicose Veins
- Menopausal Problems
- Menstrual Problems/PMS
- Pregnant
- Endometriosis
- Ovarian/Uterine Cysts

<p><b>EXERCISE</b></p> <p><input type="checkbox"/> None                      Types of Exercise _____</p> <p><input type="checkbox"/> Moderate                    _____</p> <p><input type="checkbox"/> Daily                            _____</p> <p><input type="checkbox"/> Heavy                            _____</p>	<p><b>WORK ACTIVITY</b></p> <p><input type="checkbox"/> Sitting</p> <p><input type="checkbox"/> Standing</p> <p><input type="checkbox"/> Light Labor</p> <p><input type="checkbox"/> Heavy Labor</p>	<p><b>HABITS</b></p> <p><input type="checkbox"/> Smoking                      Packs/Day _____</p> <p><input type="checkbox"/> Alcohol                        Drinks/week _____</p> <p><input type="checkbox"/> Coffee/Caffeine              Cups/Day _____</p> <p><input type="checkbox"/> High Stress Level              Reason _____</p>
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### ACTIVITIES OF DAILY LIVING

ACTIVITY	No Pain	Mild Pain	Tolerable Pain	Moderate Pain	Severe Pain	Disabling Pain
Walking	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sitting	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Bending	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Standing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sleeping	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Lifting	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Running	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Climbing Stairs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Carrying	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Driving	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Dressing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Reading	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Household Chores	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Gardening	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sports	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sitting to Standing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Rolling Over	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Computer Work	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

The above information is true and accurate to the best of my knowledge.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Consent for Use or Disclosure of Health Information**

**Our Privacy Pledge**

We are very concerned with protecting your privacy. While the law requires us to give you this disclosure, please understand that we have, and always will, respect the privacy of your health information.

There are several circumstances in which we may have to use or disclose your health care information.

- We may have to disclose your health information to another health care provider or a hospital if it is necessary to refer you to them for the diagnosis, assessment or treatment of your health condition.
- We may have to disclose your health information and billing records to another party if they are potentially responsible for the payment of your services.
- We may need to use your health information within our practice for quality control or other operational purposes.

**Your right to limit uses or disclosures**

You have the right to request that we do not disclose your health information to specific individuals, companies, or organizations. If you would like to place any restrictions on the use or disclosure of your health information, please let us know in writing. We are not required to agree to your restrictions. However, if we agree with your restrictions, the restriction is binding on us.

**Your right to revoke your authorization**

You may revoke your consent to us at any time; however, your revocation must be in writing. We will not be able to honor your revocation request if we have already released your health information before we receive your request to revoke your authorization. If you were required to give your authorization as a condition of obtaining insurance, the insurance company may have a right to your health information if they decide to contest any of your claims.

**Assignment of Insurance Benefits:**

I hereby authorize payment to be made directly to Mallory M. Feinberg, D.C. or Jack C. Hewitt, D.C. dba: Kinesis Chiropractic & Physical Medicine of all benefits that may be due and payable under insurance coverage for the above named patient. I authorize utilization of this application or copies thereof for the purpose of processing claims and effecting payments. However, I clearly understand that all services rendered to me are charged to me and I am responsible for payment unless other arrangements are made.

Furthermore, I hereby IRREVOCABLY ASSIGN to Mallory M. Feinberg, D.C. or Jack C. Hewitt, D.C. dba: Kinesis Chiropractic & Physical Medicine the rights and benefits under any policy of insurance, indemnity agreement, and/or charges provided by Mallory M. Feinberg, D.C. or Jack C. Hewitt, D.C.

**Authorization to Release Medical Record Information:**

Mallory M. Feinberg, D.C. and/or Jack C. Hewitt, D.C. is hereby authorized to disclose all or any part of the medical records on the above named patient to such insurance companies, organizations, or agencies as may be responsible for payment of services rendered by Mallory M. Feinberg, D.C. or Jack C. Hewitt, D.C. dba: Kinesis Chiropractic & Physical Medicine. This authorization is given with full knowledge that such disclosure may contain information of a confidential nature and may result in a denial of insurance coverage for services rendered by said Mallory M. Feinberg, D.C. or Jack C. Hewitt, D.C. dba: Kinesis Chiropractic & Physical Medicine.

I have read your consent policy and agree to its terms. I am also acknowledging that I may receive a copy of this notice at anytime and that the original will remain in my medical record.

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Authorized Provider Representative

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

# KiNESiS

Chiropractic & Physical Medicine

Thank you for choosing Kinesis Chiropractic and Physical Medicine. We are committed to the success of your treatment. We hope you understand that payment of your bill is considered part of your treatment. The following is a statement of our financial policy, which we require you to read, agree to, and sign prior to any treatment. This financial policy applies to all services rendered by all providers in our office.

It is our policy that the patient, rather than the insurance company, is responsible for complete payment of our charges. All patients with insurance coverage are required to pay for non-covered services, any deductible amount not previously met and any co-pay/co-insurance due at the time services are rendered. For patients with dual insurance coverage, we will bill both the primary and secondary insurance if you have provided us with the necessary information.

If you are insured with a plan which we are contracted with, you will need to pay for any non-covered services, any outstanding deductible and co-pay/co-insurance at the time of your visit. Failure to pay outstanding balance within 90 days of notification of the amount due will result in collection proceedings unless prior arrangements are made.

All patients that do not have insurance, payment is due at the time services are rendered. For your convenience we accept all major credit cards. If you should have any further questions, we will be glad to assist you.

## **24-Hour Cancellation/Rescheduled Policies of Appointment**

**24-hour advance notice is required** when cancelling or rescheduling a Massage Therapy appointment. If you are unable to give us at least 24 hours advance notice **you will be charged \$45** for a missed Massage Therapy appointment or **\$25** for a missed Chiropractic appointment.

I have reviewed the attached personal information and confirm that all the information is accurate.

“I have read, understand and agree to the provisions of this policy.”

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Patient Name

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Signature Patient/Guardian

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Date

KiNESiS Chiropractic & Physical Medicine  
3662 Katella Ave. #205  
Los Alamitos, CA 90720

## INFORMED CONSENT TO CHIROPRACTIC TREATMENT

I hereby request and consent to the performance of chiropractic adjustments and other chiropractic procedures including various modes of physiotherapy, and if necessary, diagnostic x-rays on me (or on the patient named below, for whom I am legally responsible: \_\_\_\_\_) by the chiropractic physician and/or anyone working in this office authorized by the chiropractic physician.

I further understand that such chiropractic services may be performed by the Physician of Chiropractic named here Dr. Jack Hewitt and Dr. Mallory Feinberg and/or other licensed Physicians of Chiropractic who may treat me now or in the future at this office. I have had an opportunity to discuss with Dr. Jack Hewitt and Dr. Mallory Feinberg the nature and purpose of chiropractic adjustments and other procedures. I understand that results are not guaranteed.

I understand and am informed that, as in the practice of medicine and all healthcare, the practice of chiropractic carries some risks to treatment; including, but not limited to: fractures, disc injuries, strokes (CVA), dislocations, and sprains. I do not expect the physician to be able to anticipate and explain all risks and complications. Further, I wish to rely on the physician to exercise judgment during the course of the procedure which the physician feels are in my best interests at the time, based upon the facts then known.

I have read, or have had read to me, the above consent. I have also had an opportunity to ask questions about its contents, and by signing below, I agree to the treatment recommended by my physician. I intend this consent form to cover the entire course of treatment for my present condition(s) and for any condition(s) for which I seek treatment at this facility.

To be completed by the patient:

Print Patient's Name \_\_\_\_\_

Signature of Patient \_\_\_\_\_

To be completed by the patient's representative, if necessary, (eg: if the patient is a minor or is physically or mentally incapacitated)

Print Name of Patient \_\_\_\_\_

Print Name of Representative \_\_\_\_\_

Signature of Representative \_\_\_\_\_

**This form should be maintained in the patient's health record.**